

SELF-HELP / INSPIRATIONAL

"Fearless Future is a roadmap of the challenges ahead in these difficult times. Louise Hauck is a wise guide, whose insights will help anyone open to the potential for joy and fulfillment that lies within everyone."

—LARRY DOSSEY, MD,

Author of Recovering the Soul and Space, Time and Medicine

LOUISE HAUCK guides you across a bridge that joins the worlds of physical and non-physical reality. Through her work as an international speaker and time-traveling intuitive, she takes readers and clients to a loving place within themselves, where the timeless soul resides—a place beyond the illusion of time and death. Her insightful guidance minimizes the fear that inhibits and constricts today's world. Louise cautions that decisions and choices made in fear are neither wise nor divinely inspired.

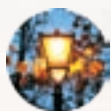
In Louise's third book, *Fearless Future, A Map Through An Uncertain Present*, her trademark illuminating style convinces us that we can all access our true, multi-sensory and multi-dimensional selves. In a deeply personal journal, Louise takes us to a more authentic place, where intuition expands and enables us to receive and interpret new dimensional symbols and images, unchallenged by our usual linear perceptions. Moving beyond the censorship of the rational mind, Louise guides us out of self-doubt and fear and into our greatest future—a more enlightened one for humanity.

In a world consumed with fear and hate, this book comes as a beacon of light. It gives us a glimpse into a future of hope and love. As we learn to access and then live with our Divine selves, there really is a promise of an abundant life for us.

—GLADYS MCGAREY, MD, Medical consultant for Future Generations—Afghanistan, INTA Humanitarian Award Recipient, author of *The Physician Within You* and *Born To Live*

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Louise Platt Hauck

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The Illusion of Time



*"It is only in appearance
that time is a river. It is
rather a vast landscape
and it is the eye of the
beholder that moves."*

—Thornton Wilder

Time does not truly exist, except in the way that we witness it. Through our perceptions we experience still scenes, which are not moving through time. Rather, it is our consciousness moving through these scenes that creates the perception of motion.

Imagine that you are holding the filmstrip of a movie that you are about to thread through an old-fashioned movie projector. As you hold the filmstrip in both hands, you can see that there is a beginning to it—close to where your right hand is holding it—which represents the past. Directly in front of you appear all the frames of the movie that represent the present. At

the end of the strip—in your left hand—appear the frames that show the future.

If one frozen moment in time is observed, there seems to be no action, as if you are viewing one frame of the filmstrip. But when you put a series of consecutive frames together, you can see the frozen moments as if they are animated. Pieced together, the frames create a movie. Einstein referred to this as a time-continuum.

It is as if past-present-future all exist at one time, on that single strip of film. To look at the filmstrip itself, the piece of celluloid is not much to see. Then you feed it through the projector and turn it on. The projector shines a light through each frame of the filmstrip and projects an image onto the screen that you can see, clear and enlarged.

The frames appear on the screen, and what you experience and view is your present life. The before and after portions of the filmstrip still exist, but you are only focused on the frames that are being illuminated. Those few frames constitute the space in which you live out your present-moment life experience. Perceiving and experiencing only that one space does not mean that the other life-spaces do not exist. In fact, if you walk behind the projector you can look at the entire film at once.

When we leave the physical body and go to the Light, we are able to look back and reflect upon our lives from such a perspective. Just as all frames of the movie exist simultaneously, so do all moments in time. This continuum of time is an illusion. Time itself is an illusion.

The soul is a timeless energy that is ignited by the spirit. Sometimes, the words “soul” and “spirit” are used interchangeably. I like to distinguish them in this way: “Soul” is the cumulative repository of experience, wisdom and knowledge

acquired throughout its evolution. It is the essence of who you are. "Spirit" is the Divine spark that animates the soul. It is the omnipresent force of God, the power from which the soul draws.

I am able to tap into a level of consciousness that allows me to experience all of time. I interpret images and symbols that communicate the adventures of the soul. From where I view this information, it is as if the past, present and future co-exist in one place. I watch the scenes, moving them forward and backward at will. With focused concentration, I am able to pull up past scenes and future possibilities. It is not that I create them. Rather, my consciousness becomes aware of them from the perspective of the Higher Self.

In consultations, I share insights with clients as I view their lives from this vantage point. This process helps them become aware of old patterns and the emergence of future potentials. Consciousness expands and personal realities shift with these changing perceptions. All beings who advance will come to understand how this is possible, be it from expanding consciousness or greater scientific understanding of the true nature of the universe.

Princeton physicist John Wheeler coined the term "black hole" to refer to collapsing stars that crunch not only matter, but the surrounding space as well. There, time comes to an end. "Time cannot be an ultimate category in the description of nature," he declares. "'Before' and 'after' don't rule everywhere." Certainly this describes the way all of time appears on my visual "radar screen."

We have an intimate relationship with time. It shifts as we change our perceptions of it. Our pasts are still evolving. Our futures are not set in stone; the way that both exist at this moment is relative to our view of the present and past.

The movie *Frequency* was a fun metaphor for this concept. The main character found that by finding the right frequency on his father's old ham radio, he could speak to his father in the past. Every time the father did something in his time to change what he perceived to be the future, he altered reality in his son's present time. Together, they successfully created a corridor beyond time through which they interacted.

In a sense, this is what I am able to do, to "time travel" from the present to the past and future. It is as if I log onto my inner broadband connection and retrieve information that exists beyond linear observations of time. This access also connects me to a continuum of consciousness that exists beyond the illusion of death.

When working with clients, I create corridors from the future, present, past and other life spaces. I do this for the purpose of facilitating healing and empowerment, and to demonstrate how spiritually awakened individuals can do the same. I enjoy demonstrating this ability to large audiences through a less in-depth version of what I accomplish in private consultations.

Standing before the audience, I tune-in to a random participant. I often intuit a specific, troublesome issue that currently exists for that person. Then I pull a psychic thread from the present to a co-existing moment in his/her childhood. Seeing through the eyes of the person's child-self, I view strategic moments where truths were denied and inhibitions were planted. I focus on validating feelings and impressions that were dismissed.

Often, this process initiates an immediate change. A shift in perception in the past sends a wave of transformation to the present. The person experiences greater self-trust, less ambivalence in

making decisions, greater confidence and a deeper connection to personal feelings.

Then I pull another psychic thread to the future, merging with the client's timeless consciousness. I experience a moment in his/her most positive, probable future. It is a moment that will have just been influenced by the shift that we initiated in the past.

Transcending Linear Time

I have described the way in which I “time-travel” through the conduit of timeless consciousness, helping to shift my clients’ realities. I consider myself to be responsible and dedicated to developing practical applications that help others open up to their multi-dimensional nature.

It often feels as though I spend a large portion of my life in a no-time zone. Doing so, however, does not make me an expert in understanding the science of time. There are those who are much more savvy and quite erudite in their interpretation regarding the relative and non-linear nature of time and the non-local characteristic of consciousness.

Rupert Sheldrake writes about “morphic resonance,” theorizing that there is a collective consciousness throughout nature that is expressed through “morphic fields.” These fields are within and around each organism. They shape and influence systems over time, rather than seeing systems as changeless and fixed.

In his book *The Sense of Being Stared At*, Sheldrake explores telepathy in detail as part of our natural “seventh” sense. He explains, “the sixth sense has already been claimed